



“Bringing Edinburgh’s Communities Together”

The Eric Liddell Centre provides a number of services including a Day Care Service and support for carers. Several charities are based at the Centre and many different organisations rent rooms here.

On any day that you choose to visit the Eric Liddell Centre you are likely to find people helping the Centre’s staff to help others. On a typical day in the Day Care Service you might find a sixth former pupil helping one of the staff to give some of the clients a manicure while chatting happily about her studies and what she hopes to do. Over beside the piano a couple of clients and a helper are selecting music to listen to and discuss while another helper sorts out the newspapers and ensures that another group of clients get what they want to read.



Elsewhere in the Centre volunteer helpers are serving coffee and snacks in our Café Connect or helping with the Lunch Service.

The Centre is indebted to its volunteer “helpers” who by giving up some of their time are enriching the lives of others and gaining so much joy and satisfaction for themselves. The benefits for younger helpers go beyond this and will include relational skills and references for potential employers or university entrance.

What we need

As an Edinburgh charity working with local people the Eric Liddell Centre is able to do more because people want to assist us. Of course, if we have more helpers, we can do even more.

You can lend a hand in a number of ways including:

- Helping in the Day Care Service*
- Giving a hand with our Lunch Breaks service for those diagnosed with dementia and their carers
- Helping carers through the Carer Befriending Service
- Helping in our Café Connect which is open to the public Monday to Friday
- Doing odd jobs around the building, including a bit of painting and decorating
- Keeping our garden areas weed-free and tidy

- Helping us organise our series of fundraising events
- Helping with administration
- Using your creative skills to design new leaflets, posters etc.
- Helping us spread awareness of the Centre and what we do

Training

All our volunteers receive an induction provided by management support. Fire safety and emergency evacuation will be covered along with the layout of the Eric Liddell Centre and the location of varied activities within the Centre. Additional training and support will be provided depending on the volunteering role.

Can you help?

If you are able to give some time on a regular basis, whether that is weekly, fortnightly, monthly or even daily and you want to help us make life better for local people, we would like to hear from you.

To join our “Helping Hand” programme

Please complete the “Helping Hand Programme” application form and return by post to Helping Hand Programme, FREEPOST SCO6308, Edinburgh EH10 4DP or by email to hh@ericliddell.org. You can request an application form by email or by telephone to 0131 446 3321 / 3301. You can also apply online at: <http://www.ericliddell.org/support-us/volunteer>.

References will then be sought from the referees that you have provided and you will be invited to come into the Centre to discuss with a member of staff the volunteer role/s you are interested in.

* If you are interested in lending a hand in our Day Care Service a Protecting Vulnerable Groups check will be carried out.